



LUNCH CATERING

WWW.SALTANDCHARM.CO

(615) 517-1231

Prices

Basic Box \$10

Sammie or Wrap, chips

Combo Box \$12

Sammie or Wrap, chips or side & cookie

Premium Box \$16

Sammie or Wrap, side, chips & cookie

16 oz Side \$8

GF Bread Available + \$2

Sandwich

Oven roasted turkey breast on a brioche roll

swiss cheese, lettuce and tomato with basil mayo

add bacon for \$1

Rare roast beef on Rye

horseradish radish, cream cheese, balsamic caramelized onions, arugula and tomato

House-made tarragon Chicken Salad on buttery croissant

lettuce, tomato

Vegetarian on brioche

mushrooms, cucumber, tomato, sprouts, roasted red peppers, avocado, lettuce, cheddar
cheese and pesto mayo

Grilled Barbecue Chicken on ciabatta

bacon, sharp cheddar, red onion, lettuce and tomato

Wrap

Veggie Wrap in spinach tortilla

mushrooms, cucumber, tomato, sprouts, roasted red peppers, avocado, lettuce, cheddar
cheese and pesto mayo

Chicken Caesar wrap in a flour tortilla

grilled chicken, romaine, parmesan cheese, caesar dressing

Turkey bacon ranch wrap

Side

Macaroni and cheese

White cheddar cheese, gruyere cheese sauce, torn croutons

Loaded potato salad

Bacon, cheddar cheese, grilled onions, tradition potato salad dressing

Cole Slaw

Green and purple onions, cabbage, carrots with a green dressing

Fruit Salad

Chef's choice of fresh fruit with honey, poppy seed dressing

Pasta Salad

*seasonal

Garden salad

Mixed greens, tomato, cucumber, red bell pepper, carrot, balsamic vinaigrette

Cucumber Tomato Salad

Sliced cucumber, tomato, red onion, red wine vinaigrette

Soup

16oz ~~1~~ \$8

Ginger Lemon Chicken Noodle

Traditional chicken noodle soup with added zing of ginger and lemon

Vegetable Soup

Chef's choice of fresh vegetables in a hearty tomato broth

Salad

\$12

Cold Soba Salad

shrimp, sesame soy vinaigrette, carrots, cucumber, green onion

Cobb Salad

chopped romaine, your choice of chicken or steak, hard boiled egg, bacon, blue cheese, tomato, house made green goodness dressing

avocado \$.50

Caesar Salad

chopped romaine, your choice of grilled shrimp or chicken, torn sourdough croutons, real deal house made caesar dressing

Kale Salad

garlic lemon vinaigrette, parmesan cheese, your choice of grilled chicken or seared salmon

Italian Chop Salad

chopped romaine, iceberg lettuce, marinated chick peas, artichoke hearts, olives, salami, sun dried tomatoes, asiago cheese, italian vinaigrette

Cookies + Brownies

Brown butter chocolate chip · Blueberry lemon white chocolate
Fruity pebbles sugar cookie · Peanut butter and jelly · Cornmeal lime

Cookies \$1.75 • Brownies \$2.00 • Blondies \$2.00

Vegan, Gluten Free Chocolate Hazelnut Brownie
\$4.00

Drink Options

\$1.25

Canned Coca-Cola Products · Bottled Water

Also Available:

Charcuterie \$125

Sweets platter \$85

*assorted cookies and brownies

Sandwich platter \$75

hummus and veggie \$40

*all platters feed 6-8 people

Ordering Info:

Please allow 24 hour advance notice

Online: saltandcharm.co/catering

Free Delivery with orders over \$250

Pick Up Available